

A collection of flights for the "Great White North." (Canada)

This is a collection of flights for the **Eastern** part of Canada and covers locations in Nova Scotia, New Brunswick, Prince Edward Island, Newfoundland and Labrador and Quebec.

NOTE :- Flights numbered CE-001 to CE-060 are 'normal' FSNavigator planned flights. However, flights numbered CE-001-VAT to CE-030-VAT have been created for on-line flying when using the VATSIM network.

Canada has a diverse range of terrain to offer pilot's. From the East coast, where the worlds highest tides are, through the expanse of the Prairies, to the Rocky mountains on the west coast and across vast regions throughout the country that are still considered 'untouched' wilderness. Finally the north, where one could fly for hours and not see civilization.

Canada has been blessed with all four season's. For flights numbered CE-001 to CE-060, I would suggest that you download 'Real World Weather' to increase the enjoyment and challenge in these flights. Because flights CE-001-VAT to CE-030-VAT are for flying on-line using the VATSIM network, the real world weather is automatically downloaded for these flights.

There are three sets of flight plans included for the Eastern Canada series.

- a) The .fsn FSNavigator files for use **without VATSIM** (named CE-001 to CE-060) (Place these in your FSNav 'Plan' folder)
- b) The .fsn FSNavigator files for use **with VATSIM on-line flights.** (named CE-001-VAT to CE-030-VAT) (Place these in your FSNav 'Plan' folder)
- c) The .sbp SquawkBox files. (named CE-001-VAT to CE-030-VAT, same name as the .fsn files, but they are a different format) (Place these in your SquawkBox main folder).

Regular Flights

Report Flights as CE-001 to CE-060

Flight #	From/To	Airport ID's				NM	Description	Altitude
CE-001	Halifax, NS Debert, NS	CYHZ	--	CCQ3		33	Depart CYHZ and track to 8F NDB, 239.0, to land at Debert airport.	3000
CE-002	Debert, NS Halifax, NS	CCQ3	--	CYHZ		35	Depart CCQ3 to YHZ, VOR, 115.10, turn to 262° to land at Halifax Intl. airport.	4000
CE-003	Moncton, NB Summerside, PEI	CYQM	--	CYSU		41	Depart CYQM to YQM VOR, 117.30, turn to 088° to 5B NDB, 254.0, turn to 061° to land at Summerside airport.	3000
CE-004	Summerside, PEI Moncton, NB	CYSU	--	CYQM		41	Depart CYSU to 5B NDB, 254.0, turn to 268° to YQM VOR, 117.30, turn to 246° to land at Moncton airport.	4000
CE-005	Halifax, NS Greenwood, NS	CYHZ	--	CYZX		61	Depart CYHZ to GF NDB, 341.0, turn to 263° to land at Greenwood airport.	4000
CE-006	Port Hawkesbury, NS Sydney, NS	CYPD	--	CYQY		64	Depart CYPD to PD NDB, 229.0, turn to 082° to track to YQY VOR, 114.90, to land at Sydney airport.	5000

CE-007	Sydney, NS Port Hawkesbury, NS	CYQY	--	CYPD		64	Depart CYQY to PD NDB, 229.0, turn to 293° to land at Port Hawkesbury airport.	4000
CE-008	Moncton, NB Charlottetown, PEI	CYQM	--	CYYG		66	Depart CYQM to QM NDB, 224.0, turn to 101° to track to YYG VOR, 113.80, to land at Charlottetown airport.	3000
CE-009	Greenwood, NS Halifax, NS	CYZX	--	CYHZ		70	Depart CYZX to GF NDB, 341.0, turn to 116° to YHZ VOR, 115.10, turn to 262° to land at Halifax Intl. airport.	3000
CE-010	Charlottetown, PEI Moncton, NB	CYYG	--	CYQM		70	Depart CYYG to 5B NDB, 254.0, turn to 261° to QM NDB, 224.0, turn to 292° to land at Moncton airport.	4000
CE-011	Moncton, NB Saint John, NB	CYQM	--	CYSJ		71	Depart CYQM to YSJ VOR, 113.50, turn to 209° to land at Saint John airport.	4000
CE-012	Saint John, NB Moncton, NB	CYSJ	--	CYQM		78	Depart CYSJ to YSJ VOR, 113.50, turn to 073° to QM NDB, 224.0, turn to 292° to land at Moncton airport.	5000
CE-013	Moncton, NB Fredericton, NB	CYQM	--	CYFC		79	Depart CYQM to YFC VOR, 113.0, turn to 272° to land at Fredericton airport.	4000
CE-014	Riviere-Du-Loup, PQ St-Leonard, NB	CYRI	--	CYSL		81	Depart CYRI to FVE NDB, 257.0, turn to 123° to YSL NDB, 404.0, turn to 176° to land at St-Leonard airport.	5000
CE-015	St-Leonard, NB Riviere-Du-Loup, PQ	CYSL	--	CYRI		82	Depart CYSL to YSL NDB, 404.0, turn to 303° to FVE NDB, 257.0, turn to 319° to track to YRI VOR, 113.90, land Riviere-Du-Loup airport.	4000
CE-016	Fredericton, NB Moncton, NB	CYFC	--	CYQM		91	Depart CYFC to YFC VOR, 113.0, turn to 097° to YQM VOR, 117.30, turn to 246° to land at Moncton airport.	3000
CE-017	Bathurst, NB St-Leonard, NB	CZBF	--	CYSL		94	Depart CZBF to YSL NDB, 404.0, turn to 175°, to land at St-Leonard airport.	4000
CE-018	St-Leonard, NB Bathurst, NB	CYSL	--	CZBF		94	Depart CYSL to YSL NDB, 404.0, turn to 095° to track to 1F NDB, 363.0, land at Bathurst airport.	3000
CE-019	Quebec, PQ Riviere-Du-Loup, PQ	CYQB	--	CYRI		95	Depart CYQB to BV NDB, 336.0, turn to 076° to Z8 NDB, 347.0, turn to 060° to track to YRI VOR, 113.90, land at Riviere Du Loup airport.	5000
CE-020	Riviere-Du-Loup, PQ Quebec, PQ	CYRI	--	CYQB		95	Depart CYRI to Z8 NDB, 347.0, turn to 256° to BV NDB, 336.0, turn to 243° to land at Quebec Intl. airport.	4000
CE-021	Quebec, PQ Bagotville, PQ	CYQB	--	CYBG		101	Depart CYQB to BV NDB, 336.0, turn to 020° to VBS VOR, 114.20, turn to 034° to YBG NDB, 356.0, turn to 111° to land at Bagotville airport.	5000
CE-022	Bagotville, PQ Quebec, PQ	CYBG	--	CYQB		101	Depart CYBG to YBG NDB, 356.0, turn to 214° to VBS VOR, 114.20, turn to 199° to BV NDB, 336.0, turn to 243° to land at Quebec Intl. airport.	6000
CE-023	Halifax, NS Moncton, NB	CYHZ	--	CYQM		102	Depart CYHZ to YHZ VOR, 115.10, turn to 017° to 8F NDB, 239.0, turn to 333° and descend to 3000 ft. to QM NDB, 224.0, turn to 292° to land at Moncton.	5000
CE-024	Moncton, NB Halifax, NS	CYQM	--	CYHZ		102	Depart CYQM to QM NDB, 224.0, turn to 152° to 8F NDB, 239.0, turn to 197° and descend to 4000 ft. to YHZ VOR, 115.10, turn to 262° to land at Halifax Intl. airport.	5000
CE-025	Moncton, NB Bathurst, NB	CYQM	--	CZBF		102	Depart CYQM to F9 NDB, 520.0, turn to 005° and descend to 3000 ft. to track to 1F NDB, 363.0, to land at Bathurst airport.	4000

CE-026	Halifax, NS Digby, NS	CYHZ	--	CYID		105	Depart CYHZ and head west after departure approx. 293° to incept and fly to YZX NDB, 266.0, turn to 253° to track to Y9 NDB, 220.0, to land at Digby	4000
CE-027	Riviere-Du-Loup, PQ Baie-Comeau, PQ	CYRI	--	CYBC		106	Depart CYRI to FE NDB, 239.0, turn to 076° to BC NDB, 414.0, turn to 101° to land at Baie-Comeau airport.	5000
CE-028	Baie-Comeau, PQ Riviere-Du-Loup, PQ	CYBC	--	CYRI		106	Depart CYBC to BC NDB, 414.0, turn to 256° to FE NDB, 239.0, turn to 216° to track to RI NDB, 201.0, to land at Riviere-Du-Loup airport.	6000
CE-029	Bathurst, NB Moncton, NB	CZBF	--	CYQM		107	Depart CZBF to F9 NDB, 520.0, turn to 164° and descend to 3000 ft. to YQM VOR, 117.30, turn to 246° to land at Moncton airport.	4000
CE-030	Port Hawkesbury, NS Halifax, NS	CYPD	--	CYHZ		111	Depart CYPD to 5Y NDB, 338.0, turn to 240° to YHZ VOR, 115.10, turn to 262° to land at Halifax Intl. airport.	4000
CE-031	Winterland, Nfld St John's, Nfld	CCC2	--	CYYT		112	Depart CCC2 to UWP NDB, 323.0, turn to 099° to YYT VOR, 113.50, turn to 051° to land at St. John's Intl. airport.	5000
CE-032	St John's, Nfld Winterland, Nfld	CYYT	--	CCC2		112	Depart CYYT to YYT VOR, 113.50, turn to 280° to UWP NDB, 323.0, turn to 284° to track to 7H NDB, 234.0, to land at Winterland airport.	4000
CE-033	Gander, Nfld Deer Lake, Nfld	CYQX	--	CYDF		113	Depart CYQX to QX NDB, 280.0, turn to 305° to VFR vector to CCP2 Airport, turn to 304° to YDF VOR, 113.30, turn to 284° to land at Deer Lake airport.	4000
CE-034	Digby, NS Halifax, NS	CYID	--	CYHZ		114	Depart CYID to YZX NDB, 266.0, turn to 111° to YHZ VOR, 115.10, turn to 262° to land at Halifax Intl. airport.	3000
CE-035	Deer Lake, Nfld Gander, Nfld	CYDF	--	CYQX		114	Depart CYDF to FK NDB, 335.0, turn to 124° to VFR vector to CCP2 Airport, turn to 125° to QX NDB, 280.0, turn to 135° to land at Gander Intl. airport.	5000
CE-036	St Andrews, Nfld Deer Lake, Nfld	CAD5	--	CYDF		118	Depart CAD5 to YJT VOR, 113.10, turn to 077° to DF NDB, 350.0, turn to 079° to land at Deer Lake airport.	5000
CE-037	Deer Lake, Nfld St Andrews, Nfld	CYDF	--	CAD5		118	Depart CYDF to YJT VOR, 113.10, turn to 232° to land at St. Andrews airport. (There is no navaid at St Andrews, you will fly for approx. 23 minutes after the turn at YJT.)	4000
CE-038	Charlottetown, PEI Sydney, NS	CYYG	--	CYQY		130	Depart CYYG and fly east to pick up the 110° outbound radial of YYG VOR, 113.80, follow the radial to Margaree Airport, CCZ4, turn to 129° to vector to YQY VOR, 114.90QY, land at Sydney airport.	5000
CE-039	Halifax, NS Port Hawkesbury, NS	CYHZ	--	CYPD		131	Depart CYHZ to 8F NDB, 239.0, turn to 094° to 5Y NDB, 338.0, turn to 109° to track to PD NDB, 229.0, to land at Port Hawkesbury.	5000
CE-040	Montreal, PQ Quebec, PQ	CYUL	--	CYQB		135	Depart CYUL to M NDB, 348.0, turn to 086° to Y8 NDB, 401.0, turn to 068° to F8 NDB, 384.0, turn to 037° to YQB VOR, 112.80, turn to 087° to QB NDB, 230.0, turn to 068° to land at Quebec Intl. airport.	5000
CE-041	Quebec, PQ Montreal, PQ	CYQB	--	CYUL		135	Depart CYQB to YQB VOR, 112.80, turn to 216° to F8 NDB, 384.0, turn to 249° to Y8 NDB, 401.0, turn to 266° to M NDB, 348.0, turn to 243° to land at Montreal Intl. airport.	4000
CE-042	Sydney, NS Charlottetown, PEI	CYQY	--	CYYG		136	Depart CYQY to QY NDB, 263.0, turn to 303° to VFR vector to Margaree Airport, CCZ4, turn 291° to vector to YYG VOR, 113.80, to land at Charlottetown airport.	4000

CE-043	Yarmouth, NS Halifax, NS	CYQD	--	CYHZ		139	Depart CYQD to AC NDB, 230.0, turn to 086° to A9 NDB, 330.0, turn to 077° to track to YHZ VOR, 115.10, to land at Halifax Intl. airport.	5000
CE-044	Halifax, NS Yarmouth, NS	CYHZ	--	CYQD		140	Depart CYHZ to H1, NDB, 353.0, turn to 270° to A9 NDB, 330.0, turn to 265° to track to YQI VOR, 113.30, to land at Yarmouth airport.	4000
CE-045	Deer Lake, Nfld St. Anthony, Nfld	CYDF	--	CYAY		153	Depart CYDF to FK NDB, 335.0, turn to 026° to VFR vector to CCM4 Airport, turn to 074° to vector to AY NDB, 356.0, land St. Anthony airport.	5000
CE-046	St. Anthony, Nfld Deer Lake, Nfld	CYAY	--	CYDF		153	Depart CYAY to AY NDB, 356.0, turn to 255° to VFR vector to CCM4 Airport, turn to 204° to FK NDB, 335.0, turn to 251° to land at Deer Lake airport.	4000
CE-047	Gaspe, PQ Baie-Comeau, PQ	CYGP	--	CYBC		157	Depart CYGP and fly northwest to pick up the 308° outbound radial of YGP VOR, 115.40, follow the radial for approx. 15 minutes until you receive and are able to fly direct to K7 NDB, 211.0, turn to 293° to vector to YBC VOR, 117.70, land at Baie-Comeau airport.	6000
CE-048	Baie-Comeau, PQ Gaspe, PQ	CYBC	--	CYGP		157	Depart CYBC and fly east to pick up the 112° outbound radial of YBC VOR, 117.70, follow the radial for until you receive and are able to fly direct to K7 NDB, 211.0, turn to 127° to vector to YGP VOR, 115.40, land at Gaspe airport.	5000
CE-049	St Andrews, Nfld Winterland, Nfld	CAD5	--	CCC2		169	Depart CDA5 and head due east until you pick up the 162° outbound radial of YJT VOR, 113.10, once you pick up the radial fly it until you receive and are able to fly direct to MQ NDB, 402.0, turn to 110° to vector to 7H NDB, 234.0, land at Winterland airport.	5000
CE-050	Winterland, Nfld St Andrews, Nfld	CCC2	--	CAD5		173	Depart CCC2 to MQ NDB, 402.0, turn to 331° to VFR vector to Fix01, (Fix01 is located approximately 20 minutes flying time after you turn at MQ NDB. You will come across two islands on the south coast after you cross the open water, there is a third island ahead slightly in the mouth of the White Bear River, the island is Fix01) turn to 302°, to VFR vector to land at St Andrews airport. (St. Andrews is approx. 33 minutes after Fix01)	4000
CE-051	Gaspe, PQ Natashquan, PQ	CYGP	--	CYNA		178	Depart CYGP to YGP VOR, 115.40, turn to 025° to PN NDB, 360.0, turn to 071° to YGV NDB, 344.0, turn to 116° to NA NDB, 385.0, turn to 159° to land at Natashquan airport.	5000
CE-052	Natashquan, PQ Gaspe, PQ	CYNA	--	CYGP		179	Depart CYNA and pick up the 299° outbound radial from YNA VOR, 113.60, fly the radial until you receive and can fly direct to YGV NDB, 344.0, turn to 252° to PN NDB, 360.0, turn to 203° to GP NDB, 232.0, turn to 300° to land at Gaspe airport.	6000
CE-053	St. Anthony, Nfld Gander, Nfld	CYAY	--	CYQX		188	Depart CYAY and pick up the 195° outbound radial of YAY VOR, 113.70, fly the radial to Fix01 (Fix01 is located approximately 30 minutes flying time after takeoff. You will come across two islands on the north coast after you cross the open water, these are the Horse Islands, these are Fix01) at Fix01 turn to 145° and descend to 5000 ft. to 7C NDB, 237.0, turn to 219° and descend to 4000 ft. to land at Gander Intl. airport.	6000

CE-054	Gander, Nfld St. Anthony, Nfld	CYQX	--	CYAY		189	Depart CYQX to QX NDB, 280.0, turn to 047° to 7C NDB, 237.0, turn to 326° and descend to 4000 ft. to Fix01, (Fix01 is located approximately 27 minutes flying time from 7C NDB. You will come across two islands on the north coast as you start to cross the open water, these are the Horse Islands, they are Fix01) turn to 016° and descend to 3000 ft. to vector to YAY VOR, 113.70, land at St. Anthony airport.	5000
CE-055	Montreal, PQ Bagotville, PQ	CYUL	--	CYBG		221	Depart CYUL to M NDB, 348.0, turn to 030° to UFX NDB, 260.0, turn to 036° to YLQ NDB, 289.0, turn to 078° to VBS VOR, 114.20, turn to 034° to YBG NDB, 356.0, turn to 111° to land at Bagotville airport.	5000
CE-056	Deer Lake, Nfld St John's, Nfld	CYDF	--	CYYT		221	Depart CYDF to YDF VOR, 113.30, fly the 123° outbound radial of YDF VOR, 113.30 to CCP2 Airport, turn to 129° to YQX VOR, 112.70, fly the 171° outbound radial to CCZ3 Airport, turn to 153° to YT NDB, 260.0, turn to 167° to land at St. John's Intl. airport.	5000
CE-057	St John's, Nfld Deer Lake, Nfld	CYYT	--	CYDF		221	Depart CYYT to YT NDB, 260.0, turn to 334° to VFR vector to CCZ3 Airport, (approx. 23 minutes) turn to 352° to YQX VOR, 112.70, fly the 310° outbound radial to CCP2 Airport, turn to 304° to YDF VOR, 113.30, turn to 284° to land at Deer Lake airport.	6000
CE-058	Bagotville, PQ Montreal, PQ	CYBG	--	CYUL		235	Depart CYBG to VBS VOR, 114.20, turn to 257° to YLQ NDB, 289.0, turn to 192° to YRQ NDB, 205.0, turn to 268° to UFX NDB, 260.0, turn to 229° to L NDB, 284.0, turn to 233° to land at Montreal Intl. airport.	6000
CE-059	Natashquan, PQ St. Anthony, Nfld	CYNA	--	CYAY		240	Depart CYNA and pick up the 103° outbound radial of YNA VOR, 113.60, fly until you receive and are able to fly direct to YHR NDB, 276.0, turn to 066° to YIF NDB, 201.0, turn to 119° to vector to AY NDB, 356.0, land at St. Anthony airport	5000
CE-060	St. Anthony, Nfld Natashquan, PQ	CYAY	--	CYNA		240	Depart CYAY to BX NDB, 220.0, turn to 282° to YIF NDB, 201.0, turn to 246° to YHR NDB, 276.0, turn to 284° to vector to YNA VOR, 113.60, land at Natashquan airport.	6000

VATSIM FLIGHTS

NOTE:- The ATC controller might request changes to your flight plan at any time for various reasons. For example, they may fly you at a different altitude than the plan, for proper traffic separation in their area. Unless the controller is mistakenly flying you into a dangerous situation, any changes they give you are to be followed. Make sure you study your original FSNavigator flight plan carefully as well, so you are well briefed on what the plan is prior to seeking departure clearance. You'll grasp any changes easier when and if they happen.

NOTE:- These VATSIM flight plans assume that you **DO NOT** have airport and procedure charts. Therefore, they don't reflect proper **SID** or **STAR** departure and approach information for these airports. A controller may choose to vector you through a procedure that will slightly vary the plans.

Report Flights as CE-001-VAT to CE-030-VAT

Flight #	From/To	Airport ID's				NM	Waypoint Summary	Altitude
CE-001-VAT	Halifax, NS Greenwood, NS	CYHZ	--	CYZX		73	CYHZ to YHZ VOR, (115.10) to ARDEE ISEC to GF NDB, (341.0) to CYZX	4000
CE-002-VAT	Greenwood, NS Halifax, NS	CYZX	--	CYHZ		73	CYZX to GF NDB, (341.0) to ARDEE ISEC to YHZ VOR, (115.10) to CYHZ	3000
CE-003-VAT	Port Hawkesbury, NS Sydney, NS	CYPD	--	CYQY		72	CYPD to PD NDB, (229.0) to QY NDB, (263.0) to CYQY	5000
CE-004-VAT	Sydney, NS Port Hawkesbury, NS	CYQY	--	CYPD		72	CYQY to QY NDB, (263.0) to PD NDB, (229.0) to CYPD	4000
CE-005-VAT	Moncton, NB Charlottetown, PEI	CYQM	--	CYYG		68	CYQM to YQM VOR, (117.30) to YYG VOR, (113.80) to CYYG	3000
CE-006-VAT	Charlottetown, PEI Moncton, NB	CYYG	--	CYQM		68	CYYG to YYG VOR, (113.80) to YQM VOR, (117.30) to CYQM	4000
CE-007-VAT	Moncton, NB Saint John, NB	CYQM	--	CYSJ		84	CYQM to YQM VOR, (117.30) to YSJ VOR, (113.50) to CYSJ	4000
CE-008-VAT	Saint John, NB Moncton, NB	CYSJ	--	CYQM		84	CYSJ to YSJ VOR, (113.50) to YQM VOR, (117.30) to CYQM	5000
CE 009-VAT	Moncton, NB Fredericton, NB	CYQM	--	CYFC		91	CYQM to YQM VOR, (117.30) to FREN ISEC to YFC VOR, (113.00) to CYFC	4000
CE-010-VAT	Fredericton, NB Moncton, NB	CYFC	--	CYQM		91	CYFC to YFC VOR, (113.0) to FREN ISEC to YQM VOR, (117.30) to CYQM	3000
CE-011-VAT	Quebec, PQ Riviere-Du-Loup, PQ	CYQB	--	CYRI		106	CYQB to QB NDB, (230.0) to BV NDB, (336.0) to ML NDB, (392.0) to RI NDB, (201.0) to CYRI	5000
CE-012-VAT	Riviere-Du-Loup, PQ Quebec, PQ	CYRI	--	CYQB		97	CYRI to ML NDB, (392.0) to BV NDB, (336.0) to CYQB	4000
CE-013-VAT	Halifax, NS Moncton, NB	CYHZ	--	CYQM		102	CYHZ to YHZ VOR, (115.10) to YQM VOR, (117.30) to CYQM	4000
CE-014-VAT	Moncton, NB Halifax, NS	CYQM	--	CYHZ		102	CYQM to YQM VOR, (117.30) to YHZ VOR, (115.10) to CYHZ	5000

CE-015-VAT	Quebec, PQ Bagotville, PQ	CYQB	--	CYBG		101	CYQB to BV NDB, (336.0) to VBS VOR, (114.20) to YBG NDB, (356.0) to CYBG	7000
CE-016-VAT	Bagotville, PQ Quebec, PQ	CYBG	--	CYQB		101	CYRG to YBG NDB, (356.0) to VBS VOR, (114.20) to BV NDB, (336.0) to CYQB	8000
CE-017-VAT	Halifax, NS Port Hawkesbury, NS	CYHZ	--	CYPD		110	CYHZ to YHZ VOR, (115.10) to IGTAS ISEC to COPAR ISEC to PD NDB, (229.0) to CYPD	5000
CE-018-VAT	Port Hawkesbury, NS Halifax, NS	CYPD	--	CYHZ		110	CYPD to PD NDB, (229.0) to COPAR ISEC to IGTAS ISEC to YHZ VOR, (115.10) to CYHZ	6000
CE-019-VAT	Deer Lake, Nfld Gander, Nfld	CYDF	--	CYQX		117	CYDF to YDF VOR, (113.30) to YQX VOR, (112.70) to CYQX	7000
CE-020-VAT	Gander, Nfld Deer Lake, Nfld	CYQX	--	CYDF		117	CYQX to YQX VOR, (112.70) to YDF VOR, (113.30) to CYDF	6000
CE-021-VAT	Halifax, NS Yarmouth, NS	CYHZ	--	CYQD		138	CYHZ to YHZ VOR, (115.10) to HIDIG ISEC to YQI VOR, (113.30) to CYQI	6000
CE-022-VAT	Yarmouth, NS Halifax, NS	CYQD	--	CYHZ		138	CYQI to YQI VOR, (113.30) to HIDIG ISEC to YHZ VOR, (115.10) to CYHZ	7000
CE-023-VAT	Montreal, PQ Quebec, PQ	CYUL	--	CYQB		145	CYUL to YUL VOR, (116.30) to IGTUL ISEC to CATOG ISEC to BLAKK ISEC to YQB VOR, (112.80) to CYQB	7000
CE-024-VAT	Quebec, PQ Montreal, PQ	CYQB	--	CYUL		145	CYQB to YQB VOR, (112.80) to BLAKK ISEC to CATOG ISEC to IGTUL ISEC to YUL VOR, (116.30) to CYUL	6000
CE-025-VAT	St. Anthony, Nfld Gander, Nfld	CYAY	--	CYQX		164	CYAY to YAY VOR, (113.70) to YQX VOR, (112.70) to CYQX	6000
CE-026-VAT	Gander, Nfld St. Anthony, Nfld	CYQX	--	CYAY		164	CYQX to YQX VOR, (112.70) to YAY VOR, (113.70) to CYAY	7000
CE-027-VAT	Montreal, PQ Bagotville, PQ	CYUL	--	CYBG		221	CYUL to YUL VOR, (116.30) to KEPKA ISEC to VBS VOR, (114.20) to YBG NDB, (356.0) to CYBG	7000
CE-028-VAT	Bagotville, PQ Montreal, PQ	CYBG	--	CYUL		221	CYBG to YBG NDB, (356.0) to VBS VOR, (114.20) to KEPKA ISEC to YUL VOR, (116.30) to CYUL	6000
CE-029-VAT	Deer Lake, Nfld St John's, Nfld	CYDF	--	CYYT		219	CYDF to YDF VOR, (113.30) to IKBUN ISEC to YYT VOR, (113.50) to CYYT	7000
CE-030-VAT	St John's, Nfld Deer Lake, Nfld	CYYT	--	CYDF		219	CYYT to YYT VOR, (113.50) to IKBUN ISEC to YDF VOR, (113.30) to CYDF	6000